

*Beyond 60*

Welcome to Your Sweet Home

Senior Citizen Assisted Living with World Class Standards and state of the art Facilities like Health Care, Fitness, Food and Entertainment, in a serene atmosphere with like-minded people, situated near Silent Resort, Manor, Palghar around 60 kms from Borivali, at Vegas Hill Rill, Manor.

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**POLESTAR HOSPITALITY PVT LTD.**  
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## Our Philosophy

At "Beyond60" we are committed to provide comfort, safety and compassion to the elderly people by respecting their dignity and empowering their independence.

At "Beyond60" your loved one will Discover a new enjoying life style all 365 days.

The thought behind the "Beyond60" project is simple yet profound. We understand that seniors need to live a life filled with independence, freedom, security and dignity. So we caringly created an environment that encourages you to experience things that have been an integral part of your life, at the sometime enjoy moments that you may have missed out in life as you were busy fulfilling your responsibilities.

Now spend your afternoons sharing sweet moments with your better half, strengthen your cultural bonds, celebrate festivals, make new friends, meet like-minded couples or create memorable moments and live life to the fullest. There is never a dull moment at "Beyond60". Every facility at "Beyond60" is designed to help you lead a better lifestyle in your senior years.

## Our Mission

*To Create and Operate Senior Care Facilities with Passion, Compassion, Dedication, Transparency and Commitment.*



## Care at "Beyond60"

All the health and wellness needs of the elders are taken care of professionally through organized services for their overall health, nutritional and social well-being. We Constantly monitor and audit our services and we take care that we keep on improving our standards continuously.

- ✔ Facilitation service for doctor selection, as required.
- ✔ 4 times a day, we serve nutritious and delicious Indian meals, snacks, etc.
- ✔ For seniors with disabilities we provide support through Nurse / Care Givers / Physiotherapists or other Trained personnel.
- ✔ With round the clock security and CCTV monitoring, at "Beyond60" seniors are assured that they are completely safe in trusted hands.

## Cultural and Social Activities

We arrange regular events at periodical intervals to keep you happy, active and social.

- Mentally & physically stimulating activities for cognitive skill maintenance and development by arts, crafts various hobbies, yoga & gentle exercises
- Team activities like karaoke, line dancing, sing-along, antakshari, housie etc for shared social interaction
- Positive group discussion on books, films, school days, success sharing etc
- Festival, birthday and special occasion celebrations
- Learning and sharing sessions on age appropriate topics like understanding diabetes, heart diseases, preventing falls, foot injuries, nutrition, etc.



JOGGING



CARDS ROOM



MEDITATION



PARTY HALL



BADMINTON



SWIMMING